



Career Exploration Experiences

J O B S H A D O W

Interior Health (IH) is providing career exploration job shadow experiences for **grade 10, 11 and 12 high school students, post-secondary students, and community members.**

[INTERIORHEALTH.CA/CAREERS](https://interiorhealth.ca/careers)

J O B S H A D O W S A R E :

- 1 *Available in placements of 2 to 4 hour duration.*
- 2 *Available in a variety of departments, but does not include physician shadowing or critical care areas.*
- 3 *Each request will be assessed from an operational perspective based on capacity at the particular IH site or department.*

Request a career exploration job shadow experience by emailing CareerExploration@InteriorHealth.ca with a subject line of "Career Exploration Job Shadow Request".



**HEALTH CARE
SETTINGS**



**CAREER
PATHWAYS**



**OBSERVE &
LEARN**



**SUPPORTIVE
MENTORSHIP**